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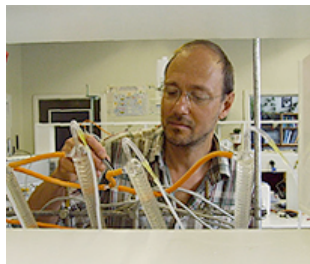
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Charting The Science of Structural Integration and its Benefits for the Human Being

The Ida P. Rolf Research Foundation encourages and supports interdisciplinary, scientifically sound research focusing on the therapeutic mechanisms, clinical effects, longer-term health effects, and utilization of Structural Integration, a therapeutic method designed to evoke whole body improvement of function and well-being.

Foundation grant-making focuses on bringing together scientific, medical, and related professionals with practitioners of Structural Integration at several levels to explore, define, verify and expand the scientific bases of Dr. Rolf's concepts and their role in improving the human condition.

The Foundation's inaugural event was the [First International Fascia Research Congress \(FRC\)](#) in October 2007. The first international conference was dedicated to fascia in all its forms and functions and drew 700 people from 28 countries. In 2008, the Fascia Research Congress came under the umbrella of the Foundation and continues to bring scientists and clinicians together to share their ideas and explorations. The [Second FRC](#) convened in Amsterdam in 2009 and was attended by 550 people from 40 countries. The [Third International Fascia Research Congress](#) will be held March 28-30, 2012 in Vancouver.



What's New

Mark your calendar for the [Third International Fascia Research Congress](#) scheduled for **March 28-30, 2012 in Vancouver**. Bringing together scientific, medical and Structural Integration professionals, the Congress provides for an exchange of ideas about fascia that was never before possible. Three full days of scientific

presentations will be flanked by additional days of practical workshops and a five-day fascia dissection.

Fascia Dissection: March 23-27

Fascia Research Congress: March 28-30, 2012

Special Sessions/Workshops: March 31 and April 1

Fascia Research Congress Books and DVDS on Sale. If you missed the congresses in Boston or Amsterdam (or just want to review the latest ideas from Gracovetsky, Chaitow, Guimberteau, Huijing, Vleeming, Ingber, van der Wal, Hodges, Langevin, Findley, Schleip, and more), you can purchase the 2007 and 2009 Fascia Research Congress DVDS and proceeding books at fasciacongress.org.

Travel Awards Available. In addition to grants for scientific research, the Board has agreed to entertain [travel grants](#). To qualify, research must be published in a peer-reviewed journal and be presented at a medical or scientific conference. The Foundation expects to award three to five travel awards of up to \$1000 each annually.

Robert Schleip, Vice President for Fascia Congress, will present at the **7th Interdisciplinary World Congress on Low Back & Pelvic Pain** in Los Angeles, November 9-12, 2010.

Latest Research: Peer Reviewed Medline Article on Structural Integration Rolwing® [Structural Integration Treatment of Cervical Spine Dysfunction](#) demonstrates that the basic ten-session series of Rolwing Structural Integration (RSI), when applied by a physical therapist with advanced RSI certification, is capable of significantly decreasing pain and increasing active range of motion in adults with cervical spine dysfunction. The retrospective study will be published in the Medline-indexed [Journal of Bodywork and Movement Therapies](#). Article authors: Helen James MPT, Professor Emerita, Luis Castaneda, Student Physical Therapist, Marilyn E. Miller PhD, PT, GCS, and Thomas Findley MD, PhD.

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FASCIA 2012

Basic Science and Implications for Conventional and Complementary Health Care

MARCH 28 - 30 VANCOUVER

Foundation Awards First Grant: Torsional Stiffness of Pelvic Motion: "Automated Measurement and Changes after Clinical Treatment." The Foundation awarded a \$4000 grant to Hans Chaudhry, PhD at New Jersey Institute of Technology to further research using an Anatomical Torsion Monitor (ATM). This US-patented medical instrument was developed by an engineer and an osteopathic physician and provides an inexpensive and noninvasive assessment of low back stiffness and elasticity, specifically focusing on the rotational motion of the lumbar spine. The device will be automated to improve reliability and reduce testing time. The improved ATM will be used in a study to empirically measure the effects of the Rolwing® Structural Integration ten-series of sessions on subjects' low back dysfunction. Based on these outcomes, the ATM could be an important tool for identifying ways to make Structural Integration interventions more effective.

Advanced Rolfer™ Eric Jacobson, receives Mentored Research Scientist Development Award from the National Center for Complementary and Alternative Medicine of the National Institutes of Health (NIH). The award will support up to five years of training in research methods and a pilot study of Structural Integration as a therapy for chronic low back pain. The primary sites of the project will be Osher Research Center, Harvard Medical School, and Spaulding Rehabilitation Hospital in Boston.

We've set a goal of \$100,000 in contributions in order to award three or four pilot research projects in the coming year. Your contributions are making ongoing Structural Integration research a reality. [Make a contribution.](#)